



COOLSCULPTING ELITE INTAKE FORM

-PLEASE PRINT & FILL OUT THE FORM COMPLETELY-

PATIENT INFORMATION				
First Name:		Last Name:		Middle Initial:
Prefers to be called:		Ethnic Background:		Birth Date: / /
Pronouns <input type="checkbox"/> He/him <input type="checkbox"/> She/her <input type="checkbox"/> They/them	Gender:	Occupation:		
	Phone #: ()	Email:		
	Emergency Contact Name:	Emergency Contact Phone #: ()		
Street Address:			P.O. Box:	
City:		State:	ZIP Code:	

PRETREATMENT QUESTIONS	
How did you hear about the CoolSculpting Elite procedure?	
How did you hear about the Twin Ports Dermatology Med Spa?	
Did someone refer you to the Med Spa? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, who: _____	Is there a special event you are getting ready for? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, what date is the event: _____
Check all the areas that trouble you the most.	
<input type="checkbox"/> Under Jawline	<input type="checkbox"/> Bra Area
<input type="checkbox"/> Under Chin	<input type="checkbox"/> Abdomen
<input type="checkbox"/> Upper Arms	<input type="checkbox"/> Back Fat
<input type="checkbox"/> Side (Flank)	<input type="checkbox"/> Distal Thigh (Above Knee)
<input type="checkbox"/> Inner Thigh	<input type="checkbox"/> Underneath Buttocks (Banana Roll)
<input type="checkbox"/> Outer Thigh	

HEALTH HISTORY
Do you have a history of the following:
<input type="checkbox"/> Yes <input type="checkbox"/> No Cryoglobulinemia (a condition in which an abnormal level of proteins thicken the blood in cold temperatures), or paroxysmal cold hemoglobinuria or cold agglutinin disease (blood disorders in which cold temperatures lead to red blood cell death)
<input type="checkbox"/> Yes <input type="checkbox"/> No Known sensitivity to cold such as cold urticaria (hives triggered by cold), Raynaud's disease (disorder in which cold leads to reduced blood flow in the fingers, which appear white, red, or blue), pernio or Chilblains (itchy and/or tender red or purple bumps that occur as a reaction to cold)
<input type="checkbox"/> Yes <input type="checkbox"/> No Poor blood flow in the area to be treated
<input type="checkbox"/> Yes <input type="checkbox"/> No Neuropathic (nerve) disorders such as post-herpetic neuralgia or diabetic neuropathy
<input type="checkbox"/> Yes <input type="checkbox"/> No Impaired skin sensation
<input type="checkbox"/> Yes <input type="checkbox"/> No Open or infected wounds
<input type="checkbox"/> Yes <input type="checkbox"/> No Bleeding disorders or use of blood thinners
<input type="checkbox"/> Yes <input type="checkbox"/> No Recent surgery or scar tissue in the area to be treated
<input type="checkbox"/> Yes <input type="checkbox"/> No A hernia or history of hernia in the area to be treated or adjacent to treatment site
<input type="checkbox"/> Yes <input type="checkbox"/> No Skin conditions such as eczema, dermatitis, or rashes
<input type="checkbox"/> Yes <input type="checkbox"/> No Pregnancy or lactation (making breast milk or breast feeding)
<input type="checkbox"/> Yes <input type="checkbox"/> No Any active implanted devices such as pacemakers and defibrillators
<input type="checkbox"/> Yes <input type="checkbox"/> No Any major health problems such as liver disease
<input type="checkbox"/> Yes <input type="checkbox"/> No Any known sensitivity to isopropyl alcohol (rubbing alcohol) or propylene glycol

TREATMENT CONSIDERATIONS

Initials: _____ The CoolSculpting® procedure is a non-invasive procedure that is intended to change the appearance of the treatment area by delivering controlled cooling at the surface of the skin to break down fat cells that are just beneath the skin. This procedure is not a treatment for obesity or a weight-loss solution. The CoolSculpting procedure does not replace traditional methods such as diet, exercise or liposuction. **Desired results will rely on following the recommended treatment plan.**

Initials: _____ Clinical studies of a treatment site have shown that the CoolSculpting procedure can break down fat cells to change the appearance of visibly localized bulges of fat that is just beneath the skin on the abdomen, thighs, flanks and submental area. The submental area is the area under the chin. Following the procedure, the treated fat cells are naturally processed by the body. Visible results can vary from person to person.

In the U.S., the CoolSculpting procedure is FDA-cleared for the treatment of visible fat bulges in the submental area, thigh, abdomen and flank, along with bra fat, back fat, and underneath the buttocks (also known as banana roll). In Taiwan, the CoolSculpting procedure is cleared for the breakdown of fat in the flank (love handle), abdomen, and thigh. Outside the U.S. and Taiwan, the CoolSculpting procedure for non-invasive fat reduction is available worldwide. ZELTIQ, CoolSculpting, the CoolSculpting logo and the Snowflake design are registered trademarks of ZELTIQ Aesthetics, Inc. © 2016. All rights reserved. IC0326-J

TEMPORARY SENSATIONS & SYMPTOMS

Initials: _____ The suction pressure of a vacuum applicator may cause sensations of deep pulling, tugging and pinching. A surface applicator may cause sensations of pressure. You may experience intense cold, stinging, tingling, aching or cramping as the treatment begins. These sensations generally subside during treatment as the area becomes numb.

Initials: _____ You may have dizziness, light-headedness, nausea, flushing, sweating, or fainting during or immediately after the treatment.

Initials: _____ The treated area may look or feel stiff after the procedure and transient blanching (temporary whitening of the skin) may occur. These are all normal reactions that typically resolve within a few minutes.

Initials: _____ Bruising, swelling, redness, cramping and pain can occur in the treated area and the treated area may appear red for one to two weeks after treatment.

Initials: _____ After submental area treatment, a feeling of fullness in the back of the throat may occur. Initial if the submental area is to be treated. If the area under the chin is not being treated, please write N/A.

Initials: _____ You may feel a dulling of sensation in the treated area that can last for several weeks after the procedure. Prolonged swelling, itching, tingling, numbness, tenderness to the touch, pain in the treated area, cramping, aching, bruising and/or skin sensitivity also have been reported.

POSTTREATMENT SIDE EFFECTS & RISKS

Initials: _____ Paradoxical Hyperplasia - A small number of patients have experienced gradual development of a firmer enlargement, of varying size and shape, of the treatment area, known as "paradoxical hyperplasia", in the months following the treatment. If such paradoxical hyperplasia occurs, it will be distinguishable from temporary swelling and will probably not resolve on its own. The enlargement/lump can be removed by means of a surgical procedure such as liposuction.

Initials: _____ Treatment area demarcation- A small number of patients have experienced excessive fat removal in the treatment area, resulting in an unwanted indentation. The indentation may be improved through corrective procedures.

Initials: _____ In rare cases, patients have reported the CoolSculpting treatment area to have darker skin color, hardness, discrete nodules, frostbite (local injury due to cold), hernia or worsening of pre-existing hernia. Surgical intervention may be required to correct hernia formation.

Initials: _____ Patient experiences may vary. Some patients may experience a delayed onset of the previously mentioned symptoms. Contact your physician immediately if any unusual side effects occur or if symptoms worsen over time.

Initials: _____ I understand that CoolSculpting does not treat loose/saggy skin. I also understand CoolSculpting may create loose skin due to decreased volume in the treated area.

Initials: _____ I understand that these and other unknown side effects may also occur.

RESULTS

Initials: _____ You may start to see changes in as early as six weeks after your CoolSculpting procedure, you will experience the most dramatic results after one to three months. Your body will continue to naturally process the injured fat cells from your body for approximately four months after your procedure.

Initials: _____ Results vary from person to person. Unfortunately, non-responders do happen, no different than with other cosmetic procedures. It is extremely rare with CoolSculpting but there is a less than a 1% non-responder rate. Most cases of patients being "non-responders" are simply patients that have been under-treated, gained weight, or their expectations are not realistic. If a patient performs less than the recommended cycles, they may not see the full result they are looking for. There are no refunds of treatments performed.

Initials: _____ Progress and result pictures will be obtained for medical records. If pictures are used for education and marketing purposes, all identifying marks will be cropped or removed.

FINAL COOLSCULPTING ELITE ACKNOWLEDGMENT SIGNATURE

All form information is true to the best of my knowledge.

Patient: _____

Date: _____